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| For Administration Use Only | |
| Picnic and Paddle \$25/person | \$25 |
| Number of People = | |
| Total | |

Picnic and Paddle – August 13, 11:30am – 1:00pm

Wascana Centre is proud to partner with Wascana Racing Canoe Club to offer this Picnic and Paddle. Participants will be in canoes paddling from the Marina to Willow Island. Lunch will be provided by Press'd Sandwich Shop. The cost is \$25/person and includes boat rental and meal.

*If event must be cancelled due to weather, full refund will be issued, and participants will be notified as soon as possible.

Timeline

11:30am – 11:45am – Sign-in (sign waiver, get life jackets and boat assigned to you)

11:45pm – Safety instruction

12:00pm – Get on water and paddle to Willow Island

12:00pm – 12:45pm – Picnic on Willow Island

12:45pm – Paddle back to marina

Contact Person: _____

Phone number: _____ Email: _____

Address (full with postal code): _____

Lunch: Choice of sandwich, chips, cookie and drink

See 2nd page for list

First Participant: _____ Child Age: _____

Meal: _____ Chip: _____ Drink: _____

Cookie: _____ Allergy: _____

Second Participant: _____ Child Age: _____

Meal: _____ Chip: _____ Drink: _____

Cookie: _____ Allergy: _____

Third Participant: _____ Child Age: _____

Meal: _____ Chip: _____ Drink: _____

Cookie: _____ Allergy: _____

Fourth Participant: _____ Child Age: _____

Meal: _____ Chip: _____ Drink: _____

Cookie: _____ Allergy: _____

Fifth Participant: _____ Child Age: _____

Meal: _____ Chip: _____ Drink: _____

Cookie: _____ Allergy: _____

- Child – under the age of 16

Invoice and confirmation will be sent by email to confirm your spots.

Press'd Sandwich Shop Menu

Sandwiches

Choice of Bread: White, whole wheat, rye or gluten free

Chipotle Club (GF) – chicken, bacon, chipotle sauce, cheddar, lettuce and tomato

Club Press'd (GF) – ham, turkey, bacon, swiss, lettuce, tomato, mayo

California Club (GF) – roast chicken bacon, swiss, fresh guacamole, tomato, mayo lettuce

Southwestern Club (GF) – turkey, jalapeno jack, bacon, red onion, avocado, raspberry chipotle honey mustard

The Bird (GF) – turkey, avocado, cream cheese, sprouts, mayo

The Dilbert (GF) – roasted chicken, avocado, cream cheese, cucumber dill sauce, sprouts, spinach, cucumber

Green Goddess (GF & VG) – avocado, cream cheese, cucumber, spinach, sprouts, cucumber dill sauce

The Boss – capicola, salami, pepperoni, provolone, lettuce, tomato, mayo, Italian dressing

Tuna Luna (GF) – tuna salad, cheddar, tomato

Blazing Buffalo (GF) – roast chicken, jalapeno jack, lettuce, tomato, wing sauce, ranch

Beatnik (GF & VG) – mushrooms, sprouts, tomato, cucumber, lettuce, swiss, ranch

Turk 'n Ched (GF) – turkey, cheddar, lettuce, tomato, mayo

Ham 'n Swiss (GF) – ham, swiss, lettuce, tomato, mustard, mayo

Vegan Options – Vegan sandwiches served on a vegan multigrain bread

Beatnik (GF & VG) – mushrooms, sprouts, tomato, cucumber, lettuce, swiss, ranch

Green Goddess (GF & VG) – avocado, cream cheese, cucumber, spinach, sprouts, cucumber dill sauce
California Vegan (VG) – vegan chicken, guacamole, vegan cheddar, vegan mayo, tomato, and lettuce
Blazing Vegan (VG) – Vegan chicken, vegan cheddar, wing sauce, vegan mayo, lettuce and tomato

Hardbite Chips – all natural, rock salt & Vinegar, or smokin' bbq

Cookie – chocolate chunk, coconut, or sugar/sprinkles

Drink – coke, diet coke, ginger ale, sprite, orange juice, apple juice, or water